

Aldborough and Thurgarton Newsletter Christmas 2024



What's happening in our community?

If you would like to include news of an event in the next newsletter, please send to ricki.gadsby@btinternet.com

by Feb 7th, 2025

A joint publication of The Parish Council,
Aldborough Community Centre and Village Care



Village

Breakfast

Aldborough Community Centre



Sunday 17th November

9.30am to 11.00am

Bacon rolls, croissants, fruit,

freshly brewed coffee and tea,....



All welcome.

Free – but donations welcome.



No Village Breakfast in
December but it resumes in the
New Year!

January 19th, 2025

9.30-11am



PIE & MASH

EAT IN
OR
TAKE AWAY



£10 PP

BAR OPEN

CHOICE OF CHICKEN,
VEGETABLE OR STEAK & ALE
PIES

ALDBOROUGH COMMUNITY CENTRE

SAT NOVEMBER 23 | 5 - 7PM

Hearing Support Service



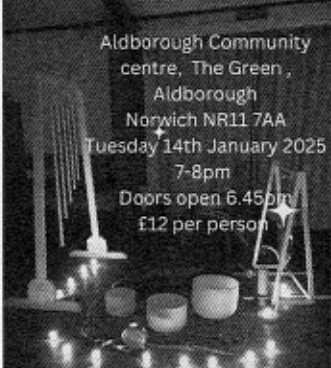
Supporting people with hearing loss
and related conditions

MOBILE UNIT AT ALDBOROUGH COMMUNITY
CENTRE

10am-12noon

TUESDAYS: Dec 3rd, Feb 4th & March 4th

SOUND BATH



Aldborough Community
centre, The Green,
Aldborough
Norwich NR11 7AA
Tuesday 14th January 2025
7-8pm
Doors open 6.45pm
£12 per person

Contact Annette

(qualified sound
therapist)

07872328109

for information
and booking.

Bring yoga mat,
pillow & blanket

ALDBOROUGH
COMMUNITY
CENTRE

November 20th
December 18th
January 15th

7.30 pm
BAR OPENS 7 pm

FILM

NIGHTS

EVERY THIRD WEDNESDAY OF THE
MONTH



We would be delighted to
welcome everyone to
Aldbrough Primary School
Christmas Fayre

on Saturday 7th December.

Doors open from 10.00 a.m. until
1.00 p.m.

Come along and enjoy a range of
Christmas stalls, gifts, cakes and
raffles. Santa will be with us for
the children to visit.

We look forward to seeing you all

Aldbrough Community Centre

**Bingo
Nights**

3

4

7

Tuesdays
December 10th
January 21st

BAR OPENS 7 PM
EYES DOWN 7.30 PM

**CASH
PRIZES**



**COMMUNITY
CAROLS**



With the wonderful
Cromer and Sheringham Brass
Band

Sunday December 15th, 11am
Followed by coffee & mince pies
FREE EVENT-ALL WELCOME!
Aldbrough Community Centre

TUESDAY HUB EVENTS @Aldborough Community Centre

Nov 26th Hub Lunch from 12.30 (£6)

Jan 7th Hub Talk and Tea 2pm

'The Lady and the Legacy' Patrica Keegans

Dec 3rd Hub Tea and Talk (demonstration) 2pm
Julie Geere-Wright 'Making seasonal door wreaths & festive candle arrangements'

Jan 14th Hub Lunch from 12.30 (£6)

Dec 10th Hub Christmas Lunch with entertainment from Aldborough Primary School 12.30

Jan 28th Hub Lunch from 12.30 (£6)

Dec 31st Hub Soup & Rolls in bar lounge from 12.30 (donations)

Feb 4th Hub Talk and Tea 2 pm

'The Remarkable Life of Margaret Paston'

Dr Rob Knee

EVERYONE WELCOME TO HUB EVENTS - SPREAD THE WORD!



HUB TALK & TEA

December 3rd, 2pm

Julie Geere-Wright

'Making seasonal door wreaths & festive candle arrangements'

Prince Andrew Chapel

22nd December 10am

Coffee followed by carols & readings



@Community Centre
Every Tuesday morning
10-12 noon

Join us for coffee, tea,
cakes, newspapers and
chat

Local Plan Further Consultation

(to address the planning inspector's interim findings)

The Parish Council has been notified of a further Local Plan Public Consultation which begins midday on **Thursday 7 November** and closes at midday on **Thursday 19 December**. This consultation contains proposals which are relevant to our parish.

Background: The Draft North Norfolk Local Plan is currently being examined by an independent Planning Inspector. The Inspector identified the following main soundness concerns: 1. A **shortfall in housing provision** 2. The approach to **Small Growth Villages** as set out in Policy SS1 of the emerging Plan. In summary, these concerns are centred around the need to provide more flexibility in the delivery of new housing and to ensure that the Plan meets the revised level of housing need (as determined by the governments 'Standard Methodology') across the revised Plan period of 2024-40, and, broadening our development strategy in smaller settlements to support additional growth, including that which allows rural areas to grow and thrive.

Proposed Changes In order to address the Inspector's concerns, a number of 'Proposed Changes' to the submitted Local Plan are identified within the consultation document which includes our village as a "Hub Village".

More information is available at www.north-norfolk.gov.uk/localplanconsultation.

Aldborough Surgery Updates

Staff changes

Mel is retiring as from 20th November, she will be sadly missed by us all, but we wish her all the best for her retirement. We have a new Nurse Practitioner Gary Cartwright start with us and is doing all chronic disease and Open Surgery

We will be closed Christmas Day, Boxing Day and New Year's day, all other opening times the same as normal.

ALDBOROUGH
COMMUNITY
CENTRE

Youth NIGHT

TUESDAY
DEC 3rd
6.30-8pm
£3

10-13 yr olds

THEATRE SKILLS

with The Garage (Norwich)

Village Walk

Every Wednesday from 11am
Meet outside the surgery
No walk on Dec 25th or Jan 1st



Father Christmas is visiting Aldborough Green



Join Father Christmas
to turn on the Christmas Tree lights
Sunday 8th December 4pm



Festive drinks and snacks available at
The Cricketers on The Green

Next Parish Council Meeting

January 6th 7pm

in lounge at Aldborough Community
Centre.

Bus Timetable

All buses leave from outside The Cricketers pub

		leaves	destination	return
Sanders no 18	Every weekday	9.35	Cromer	13.05
		10.30	Aylsham	12.20
			North Walsham	11.55
		13.30	Aylsham	16.35
North Walsham	16.00			
Sunbeam	Monday & Friday	8.50	Aylsham	13.30
	Tuesday & Thursday	8.50	North Walsham (all supermarkets)	13.00
	Wednesday	8.50	Wroxham	12.30
Community Bus	Thursday (once per month; Dec 12)	Phone 01692 500840 to book	Norwich	



Carols Round the Tree

Tuesday December 17th
6pm

Carmine and Friends

Song sheets provided

Bring a torch

Refreshments afterwards at

The Cricketers

THE CRICKETERS

ON THE GREEN

Usual opening hours over
Christmas and New Year except
December 25th 12noon-2pm

Aldborough Post Office and Shop

Winter opening times are Monday to Saturday 0830 to 1700hrs

Closed Christmas Day and Boxing Day

Closed New Year's Day

Place your Christmas orders early the latest collection day will be Christmas Eve.

We wish everyone a Happy Christmas.

Round off Christmas with a simple lunch at Thwaite Church School Room
accompanied by JAZZ played by John

SATURDAY 4TH JANUARY at 12.30

Monetary donations to Cromer Food Bank

THE ALDBOROUGH PLAYERS PRESENT

WHITTINGTON BOOTS



5TH - 8TH FEBRUARY 2025 | 19:30
ALDBOROUGH COMMUNITY CENTRE

Join Dick Whittington and his talking cat, Puss in Boots, as they go on the adventure of a lifetime travelling to Aldborough, where the streets are said to be paved with gold. But things are not as they seem and soon the pair are separated, and Puss is stolen. Can Dick and his friends rescue poor Puss and live happily ever after with a life they'd always dreamed of?

Mark the dates in your diaries and join the Aldborough Players for their 31st pantomime

Tickets on sale at Post Office Shop and online at www.aldboroughcommunitycentre.com from early January 2025.

Adults £8, Children £4

Saturday's performance starts at 18.30

Guess how many people responded to our appeal for VOLUNTEERS in the last newsletter? Yes, zero!

But research shows that **volunteering is good for us**. It reduces stress and makes us feel more positive, as well as providing opportunities to socialise and to involve the whole family.

Many of our current band of volunteers are in their 70s and 80s and need a bit of help to keep everything going.

There are lots of ways to show that you care about our lovely environment and community. Could you perhaps offer an hour or so a month to help continue these various activities?

Why not adopt *Getting Involved* as a New Year Resolution and make a difference?

The **Tuesday Hub Café** (serving coffee, cakes etc.) **Village Lunch/Hub Talks & tea/monthly Village Breakfast** (preparing and serving food, operating the dishwasher) Occasionally **driving** people to medical appointments (*contact Jane:*

sjmaguire0401@aol.com)

Keeping the **wildlife area and pond tidy**
Clearing weeds from the kerbs around the Green
(*Look out for appeals around the village and on Facebook*)

Grass cutting etc. in the churchyard (*Contact Jamie: tel. 768699*)

Putting yourself forward for the **vacancy on the Parish Council** (*Contact Clerk, Wendy:*
aldboroughandthurgartonclerk@gmail.com)

Offering help to the **Village Fayre committee**
(*Contact Helen: helenhudson56@gmail.com*)

Fitness on your doorstep!

@Aldborough Community Centre



Exercise in disguise.....dance your way to fitness

Thursdays 6.15-7.15pm

£6.00 per class

All levels of fitness welcome

Contact Sally 07786 697563 or

millersally784@gmail.com

No classes Dec 19th, Dec 26th or January 2nd

Every Friday 6-7pm

Join this friendly self-help yoga practice to relax at the end of the week. £1.50 per class

ALL WELCOME

Sessions continue over Christmas/New Year



PILATES

Every Thursday 4.30pm

£8 per session

Contact Sally Thornton 07788102338 or

sally@remedyflows.co.uk



BellyFit4Fun

Dance your way to fitness and body confidence.

Just come along and enjoy the music and accept the joy of dance.

TUESDAYS 5-6pm £7

Contact Gwentyth King; gk@landmarkwebsites.co.uk



Exercise to music for older adults

Every Friday 10-11am

£6 per session

Contact Chrissie Harvey 07986548548

No classes Dec 20th or Dec 27th

EXTEND
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